



THE MIAMI VALLEY SCHOOL

Social & Emotional Learning (SEL) at MVS is rooted in our core values and nurtured through relationships, connections, and community.

Decision making

- Identifying problems
- Analyzing situations
- Solving problems
- Evaluating
- Reflecting
- Ethical responsibility

Self-management

- Impulse control
- Stress management
- Self-discipline
- Self-motivation
- Goal setting
- Organizational skills

Social awareness

- Perspective taking
- Empathy
- Appreciating diversity
- Respect for others

Relationship skills

- Communication
- Social engagement
- Relationship building
- Teamwork

Self-awareness

- Identifying emotions
- Accurate self-perception
- Recognizing strengths
- Self-confidence
- Self-efficacy

SEL – Fueling our positive learning environment.

